

## Objective 8: Reduce the Suicide Rate

Maryland SHIP Vision Area 2: Healthy Social Environments  
Tools, Resources, and Promising Practices  
updated May 2012



### Information, Facts and Figures

#### [Suicide Prevention Resource Center](#)

Nationwide prevention and resource center with links to resources, fact sheets, data and other tool kit materials.



#### [Suicide Prevention and Intervention Information](#)

The American Association of Suicidology provides basic information as well as prevention tools.



#### [National Prevention Strategy](#)

The National Prevention and Health Promotion Strategy p. 48-50 provides helpful ideas for how you can expand access to mental health services and suicide prevention.



#### [Adolescent Health](#)

Includes adolescent-focused resources.



#### [Collaborative Care for the Management of Depressive Disorders](#)

Evidence to support importance of collaboration in management of depressive disorders.



#### [Clinic-Based Depression Care Management for Older Adults](#)

Information to support treatment of depression in older adults in the primary care setting



#### [Home-Based Depression Care Management for Older Adults](#)

Information to support in-home care management for older adults to improve short-term depression outcomes.



#### [Depression Screening for Children and Adolescents](#)

Clinical recommendations to support Healthy People MHMD 11: "Increase depression screening by primary care providers"



#### [Depression Screening for Children and Adults](#)

Clinical recommendations to support Healthy People MHMD 11: "Increase depression screening by primary care providers"



### Maryland Services and Hotlines

#### [Maryland Suicide and Crisis Hotlines](#)

Information for individuals in crisis about what to expect and who to call.



#### [Maryland Suicide Prevention](#)

Recent developments and programs surrounding suicide prevention in Maryland.



#### [Maryland Suicide Support Groups](#)

List of organizations and groups throughout Maryland that provide group support.



["SPEAK" Suicide Prevention Education](#)

A Maryland based organization focused of preventing suicide among youth.



***Personalized Tools***

[Teen Suicide Risk Assessment](#)

This risk calculator can help you assess your teen's likelihood of contemplating suicide.



["ULifeline" Assessment for College Students](#)

An online resource for mental health among college students.



[Signs of Suicide](#)

This mental health questionnaire serves as a prevention assessment tool.



***Promising Practices***

[National Institute of Mental Health Tools](#)

The National Institute of Mental Health provides tools and professional literature on suicide prevention strategies, resources and educational materials.



***Toolkits***

[Mental Health](#)

Many suicides result from depression. This site includes resources to improve and maintain good mental health and prevent mental illness.



[Promotional Materials](#)

The suicide prevention lifeline provides free promotional materials for veterans, teens, and other at risk populations.

